



*Under the aegis of 'The Indian College of Anaesthesiologists'*

# Association for Pain & Perioperative Sonography in Anaesthesiology

## Basic & Advanced USG Workshops for Regional Anaesthesia

### IDRA Course



**Organised by-**

**Institute of Anaesthesiology, Pain & Perioperative Medicine  
Sir Ganga Ram Hospital, New Delhi**

**Basic Workshop**

**Saturday 12th July, 2025**

**Advanced Workshop**

**Sunday 13th July, 2025**

**Indian Diploma In Regional Anaesthesia (IDRA) Exam**

**Part I**

**12th July, 2025**

**Part II**

**13th July, 2025**

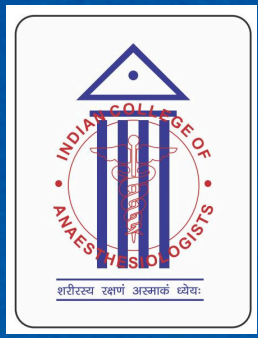
   **APPSA 2025**

**Institute of Anaesthesiology,  
Pain & Perioperative Medicine,  
Sir Ganga Ram Hospital, New Delhi-110060 (INDIA)**

Contact- 011-42252523, 2510,  
+91 9354937450

Details on: <https://anaesthesiacollege.in>

Email- [idra.sgrh@gmail.com](mailto:idra.sgrh@gmail.com)



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# Association for Pain & Perioperative Sonography in Anaesthesiology

**Basic & Advanced USG Workshops for Regional Anaesthesia**

**IDRA Course**

Salient Features

Eminent Faculty

Online Tutorials

Interactive Workshops

Hands-on training on USG phantom

Standardised Exit Examination

Who can Attend the Workshop

Anaesthesiologists (including PGs), Intensivists, Emergency care physicians  
Pain physicians

Eligibility Criteria for Indian Diploma in Regional Anaesthesia

## PRE-REQUISITES

### IDRA Part I

*Basic Regional Anaesthesia Techniques*  
*Basics of Ultrasonography/ Knobology*

- Life Member of ICA
- Pursuing MD/ DA/ DNB (letter from HODs)
- Postgraduate MD/ DA/ DNB
- Certificate of attendance of one basic ultrasound guided regional anaesthesia workshop organized by ICA
- 75% attendance of online Part I tutorials

### IDRA Part II

*Advanced Anaesthesia Techniques*  
*Screening Echo/E-Fast/ POCUS*

- Postgraduate MD/ DA/ DNB
- IDRA Part I Certificate
- Certificate of attendance of two advanced regional anaesthesia workshops organized by ICA
- 75% attendance in online Part II tutorials

## IDRA EXIT EXAM

MCQs based examination

OSCE, Viva-voce &

Hands-on Demonstration

Each section of the examination necessitates a minimum score of 50% to be deemed satisfactory

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## Basic & Advanced USG Workshops for Regional Anaesthesia

### IDRA Course

Scientific Programme for Online Faculty Lecture & Live Hands-on Workshop

#### Basic Tutorials

#### Advanced Tutorials

USG & Anatomy	Science of Ultrasonography : Basics & Image optimization	Science of Ultrasonography : Basics & Image optimization
	Anatomy & Mechanism of Brachial Plexus block	Anatomy & Mechanism of Brachial Plexus block
	Neural Anatomy	Neural Anatomy
UPPER LIMB	Brachial plexus block above clavicle: Interscalene & Supraclavicular block	Phrenic Nerve Sparing Blocks (Axillary Nerve, Suprascapular Nerve)
	Local Anaesthetics and Toxicity	Costoclavicular & Superior Trunk Block
	Brachial plexus block below clavicle: Axillary & Infraclavicular block	Rescue Blocks- Median, Ulnar, Radial, Musculocutaneous @ Above Elbow
	PNDT Act and Its Implications	Discussions
LOWER LIMB I	Anatomy/ Mechanism - Lumbar Plexus	Lumbar Plexus Block
	Femoral Nerve & LFCN Block	PENG Block
	Adductor Canal	Rescue Blocks- Median, Ulnar, Radial @ Below Elbow
	Obturator Nerve Block	Discussions
LOWER LIMB II	Ethics & Professional Responsibilities Present Day	Sacral plexus Anatomy & Sciatic Nerve Block: Posterior approaches
	Regional Anaesthesia Practice	Sciatic Nerve Block: Anterior approach
	Sciatic block (popliteal)	TKR Pain (iPACK/SPANK/LIA)
	Ankle block	Discussions
TRUNK	Ultrasound guided fascia iliaca block: Anatomy and Approaches	
	Anatomy and Mechanism of Abdominal Truncal Block Action	Quadratus lumborum block and continuous truncal block
	Abdominal Truncal Block for or above the Umbilicus	Erector spinae, TLIP
THORACIC	Abdominal Truncal Block for surgery below Umbilicus	Regional Anaesthesia in patient receiving Anticoagulants
	Anatomy	Paravertebral Block (in plane & out of plane)
	Intercostals nerve block, SAP	Regional Anaesthesia in Paediatric Patients/Caudal Block
	PEC (Interfascial Plane Blocks)	Spine Sonoanatomy- Spinal & Epidural Blocks
Clinical Pearls	Problem Solving/ Discussion	Discussions
	Complications of Regional Anaesthesia	Cervical plexus
	Modalities of Regional Anaesthesia : Is ultrasound the holy grail for performing peripheral nerve block	Stellate ganglion
	Regional Anaesthesia during Disaster	Scalp block
		Discussions
	eFAST	FATE
	IVC Assessment	Vascular Access (IJV/ Subclavian Vein)
	Problem Solving/ Discussion	Discussions

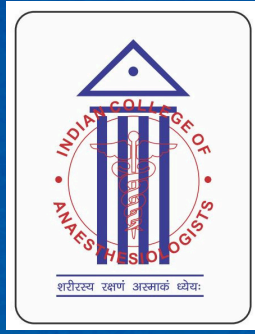
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### IDRA Course

#### Registration form

Full Name \_\_\_\_\_

Educational qualification \_\_\_\_\_

Current Position \_\_\_\_\_

Hospital / Institution \_\_\_\_\_

MCI/State Reg. No \_\_\_\_\_ ICA Membership No: \_\_\_\_\_

Correspondence Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

Zip Code                 Mobile

Email \_\_\_\_\_

Fee Structure IDRA Part I	Fee Structure IDRA Part I (Recommended)	Fee Structure IDRA Part II
Rs 15,500/- Incl: • GST@18% • Online Tutorials for Part I • Basic Workshop • IDRA Part I Exam Fees	Rs 24,000/- Incl: • GST@18% • Online Tutorials for Part I • Workshops (Basic & Advanced) • IDRA Part I Exam Fees	Rs 26,000/- Incl: • GST@18% • Online Tutorials for Part I & II • Advanced Workshop • IDRA Part II Exam Fees • CME/ Doubt Clearing Sessions • Regional Anaesthesia Book

	Part 1	Part 2
Workshop	7,500	10,000
Tutorial	6,000	8,000
ICA Exam	3,000	3,000

**\*ICA Membership is compulsory**

Total Amount: \_\_\_\_\_

ICA Workshops Attended Certificate No.

Basic \_\_\_\_\_ Month & Year \_\_\_\_\_

Advanced \_\_\_\_\_ Month & Year \_\_\_\_\_

The Registration Fees to be paid by Online Transfer/NEFT/Demand Draft/ Cheque in favour of

**Sir Ganga Ram Hospital**

Beneficiary Bank: Canara Bank

Branch: Sir Ganga Ram Hospital Branch, New Delhi- 110060

Account No.: 91112010000014

IFSC code: CNRB0019111

Kindly forward a scanned copy of the payment/transfer invoice to [idra.sgrh@gmail.com](mailto:idra.sgrh@gmail.com)

Account Number: \_\_\_\_\_ Bank: \_\_\_\_\_ Branch: \_\_\_\_\_

Transaction Details: \_\_\_\_\_ Date of Transaction: \_\_\_\_\_

**Signature**



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